

*Homeworkers Organized for More Employment*

# *This Time*

*Orland, Maine 04472*

## A Fresh Start for my Family Began at H.O.M.E.

By Nicole Brown

In November of 2017 I entered Maine and started my journey in an unfamiliar setting. I had a trash bag full of our clothes and no toys. I was told by a friend of a women's shelter in Maine that could help me with a place to stay. The events that led me to homelessness were due to domestic violence from the biological father of my four children. I had been fleeing from him for four years. This resulted in my moving quite frequently to keep my children and myself safe.

I was raised in a very judgmental, Catholic home so any religion gives me the vibe of being judged. Until I found H.O.M.E. Seeing the words "God is still speaking" on the side of the shower house made me feel extremely intimidated but what other choice did I have other than to give it a shot?

I have been a resident of H.O.M.E.'s Sister Marie House for about four months now. In those short months I was able to establish an amazing network. I received a housing voucher in the second month here. You would think I would be relieved but it wasn't as easy for me to obtain a four-bedroom apartment than I thought it would be. I struggled looking with the help of my Navigator as well as my assigned Case Worker, Stephanie. I was at the point of exhaustion when someone told me of a realtor that would accept my voucher and had a four bedroom in a town nearby. I hope to move in soon. Also in the time I have spent here I have volunteered in the Art Studio, Daycare and at the Front Desk.

The first face I met when I arrived at H.O.M.E. was Amy Gray. She would be my navigator through the Maine Housing system. I was determined to put my life back together as fast as I could for the sixth time in my life of being a single parent. Amy made my first week comfortable. She fit five beds in one room and was ready to take on the challenge of a mother and four children coming into her shelter. She built a professional friendship with me and helped me find

Nicole again. Amy helped inspire my motivation with every resource she had. She would tell me when I had too much on my plate or too little and to step it up. The laughs we shared helped to lighten up the bitter soul I had from the life I left behind.

Much of the H.O.M.E. family here could tell you that I am loud and funny and sometimes speak too much.

When I first moved here I was the complete opposite. Until I met Julie. She is wild and can't be tamed. She speaks it how it is but still manages to stay professional always. Meeting her humor reminded me of what I was missing in my life for my children and my own sanity. I forgot the last time I spoke my mind for myself, when I told a joke and laughed without caring if the rest of the room was laughing with me. Amy and Julie reminded me what I was missing...laughter and the ability to stay humble.

An important lesson I have learned at H.O.M.E. is that I still have a lot to learn. Another lesson is what the true meaning of friendship is. H.O.M.E. taught me friendship, love, patience and to remember what it is like to hurt and not be ashamed. That putting up a wall to the world will only bring you to the darkness you tried so hard to escape. To lower my pride and accept help because that is why they are here. To see the smiles on my children's faces when they got their

first bike riding down the dirt path to our temporary home or the first dolls the girls had. Or the thousands of books my children have been gifted from so many employees. Too many to recognize! The feeling of being home has never been a feeling I have experienced. For once in a really long time I was safe.

I've come and gone from many places and never missed them. The day I have to leave for the newest chapter in my book of life, there will be tears of love not sadness. Because of H.O.M.E. I can finally have a safe future built by me! With the most supporting extended family I could have ever asked for.

Thank you for all the love you shared with my family and all the memories of laughter I will carry always.



Nicole and her four children are happy to be living out the next chapter of their story

H.O.M.E. is happy to report that Nicole and her children have left shelter to permanent housing. We wish them all well and hope that they visit us often.



### A Sign With a Mission

This year H.O.M.E.'s Welcome sign received a new look. An energetic volunteer started the project during the second week of volunteer season. She wasn't able to get any farther than painting the poles, but she planted an idea in our heads that was long overdue. Her suggestion of adding the information of services offered at H.O.M.E. really got us excited about redoing the sign. It may not have come out exactly as what the volunteer had envisioned, but we are really proud of it.

The sign had been welcoming people to h.o.m.e. co-op for many, many years. The beautifully made wooden letters that spelled h.o.m.e. were fading and falling apart. The yellow paint in the background was peeling and no longer seemed very inviting. It's strange. I've lived in Maine almost my entire life and had seen the Welcome sign multiple times and had absolutely no clue what H.O.M.E. was, well, until I needed them.

The sign is very large and very heavy. It was an ordeal getting it down and no easy task getting it back up but with the help of strong and patient volunteers, we got the job done.

We are happy to have the sign finished and back up greeting people driving, riding and walking along the Acadia Highway. Now people will have a better idea of what services can be found at H.O.M.E. We hope the sign let's people know we are here and are willing to help and that all are welcome.



## Letters

Please send letters to:  
This Time  
PO Box 10  
Orland, ME 04472  
[info@homecoop.net](mailto:info@homecoop.net)

## H.O.M.E. wants to hear from you!

Please send your questions, comments, concerns and whatever else is on your mind to:

**H.O.M.E. Inc.**  
PO Box 10  
Orland, ME 04472

Dear Tracey and all at H.O.M.E.,

I hope the snow is fading and the spring sun is shining in Maine. Thanks, as always, for the work that you do every day.

With Love,  
Libby

From the folks of the Day Program at Downeast Horizons:

- Thank you for us to come....Jill
- Thank you for letting us come here...Carmie
- Thank you for letting us help. It'll create memories....C.
- Thank you. Thank you....Kara
- Thank you. Thank you....Noam F.

H.O.M.E. thanks these great volunteers including Ben who had to leave early. Thank you! JR

### This Time

is published by H.O.M.E. Inc.  
*Part of the World Emmaus Movement*

Editor: Julie Ream

Visit our web-site for a digital version of this Newsletter in full color!

<http://www.homemmausa.org>

To H.O.M.E.,

Thank you for your good works. Blessings and salutations to you all.

Sincerely,  
Barbara Fiscus  
(crafter)

Tracey,

Since I do not have everyone's email, please pass along my thanks to all of your staff who helped make the UUCG tour such a success.

Here is what I heard from one of the UU members - "An exceptionally humane enterprise...a devoted staff, many volunteers and a great deal of hope."

My thanks to you all. You are nothing short of amazing.

Gil

Dear H.O.M.E.,

Catie Hanna, my granddaughter, volunteered with you this summer and had a wonderful experience.

Please use the enclosed donation wherever it's most needed. Because my daughter teaches in Newton, CT I'd especially like it to be used for schools.

Thank you,  
Ruth B. Harney

## H.O.M.E. Inc. Board of Directors

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Dear Ms. Hair,

Thank you for your excellent work and service to those in need. We are pleased to offer support to your important endeavor.

Truly yours,  
Robert Pulster

Dear Tracey,

Long overdue note to say how happy I was seeing you on my last trip to H.O.M.E. Best of all was seeing you looking so well and so upbeat about the progress you have made in operations of your wonderful place. Bless you one and all.

The enclosed is towards Twila and Denise's trip to Switzerland coming up soon, however it's needed most.

Best to them on their adventure and you in your guidance of operations.

Your Friend,  
Claire

## H.O.M.E. Inc. Fall Appeal 2018



"Serve First Those Who Suffer Most"

Dear Friend,

Nestled behind the craft studios on H.O.M.E.'s 23-Acre site sit two homeless shelters. Nicole, a young mother of four, arrived to shelter with only a trash bag full of clothes. During her stay with us, she enrolled her children in school and found an apartment in a nearby town. Before she left the shelter she wrote a story and in it she wrote "the feeling of being home has never been a feeling I have experienced. For once in a really long time, I was safe." A man from the men's shelter has also left for permanent housing. He's hauling seafood long distance and making a good living. Mike stops by weekly to mow our lawn and say hello. He wants to work for us in the winter when the seafood business dries up. The pathway into homelessness is complicated, paved with trauma and loss. Whether you are sleeping in a shelter alongside others, or alone in a car, homelessness is defined by brutal disconnection and isolation. Here, people are almost always brought to our office by someone already connected to our work— someone who has already lifted themselves out of that hole. In partnership with you, H.O.M.E. has been changing the story in and around Hancock County for 48 years now. Empowering people like Nicole and Mike with the means to tell their story and participate in our community.

I hope by now you are aware of how broadly we have expanded beyond our work. Over the years we have grown to include more basic needs outreach such as the Back to School and Summer Lunch programs as well as a Mentor program for children in our shelters who are attending summer camp. Our craft shops have received support for upgraded heating systems and supplies and are gaining traction with homeless shelter residents. Today, a man staying in the men's shelter is working on a quilt in the stitchery department while a young woman carves a walking stick for her father.

This past year, with your help, we have provided three low-income families with down-payment assistance and they have purchased their homes. We've built playgrounds at two homeless shelters and made two more handicap accessible. By the end of October, five of H.O.M.E.'s houses will have been sold to low-income families.

Our work is about nurturing aspirations for a future that is different than the present and empowering people with the confidence, skills, and relationships they need to make their aspirations real. We need your help. Please consider making a donation to support our work. We rely on your support and pledge to work hard every day alongside you.

Tracey Hair  
Executive Director

# Christmas Wreaths and Centerpieces

We offer several choices of wreaths and centerpieces. Our wreaths are first quality 22" double faced wreaths made of fresh balsam fir. They are available either undecorated or fully decorated with red velvet ribbon, pinecones and berries. Our centerpieces are hand crafted at H.O.M.E. using fresh greens: Balsam, Cedar and Pine. The centerpieces are available either as single (one candle) or as triple ( three candles) with cones and red ribbon or our winter feature which includes white ribbon and white candles. Below is our order form for this year's wreaths and centerpieces. We hope that you are interested in ordering one for yourself and/or giving one or more as gifts to friends or family members. **IF YOU WOULD LIKE TO INCLUDE A PERSONALIZED GIFT CARD, PLEASE INCLUDE IT WITH YOUR ORDER. Orders are processed in the order they are received. Shipping begins on Monday, November 19th.** Please note sales tax of 5.5% must be charged for Maine residents. Please add this to your order total. *To ensure delivery before Christmas, orders must be received no later than December 4th.*



**To Purchase Wreaths:**

- Fill out the order form. Orders must be received by December 4th.
- Mails this form ( or fax or call ) along with your payment to the address below.

**PLEASE NOTE THAT WE ARE NOW ABLE TO MAIL TO PO BOX ADDRESSES. PLEASE USE PROPER MAILING ADDRESSES FOR ALL DELIVERIES.**

## 2018 Retail Order Form

Send to:

**H.O.M.E. Wreaths**  
**P.O. Box 10**  
**Orland, ME 04472**

Phone: (207) 469-7961

Fax: (207) 469-1023

(call to confirm receipt of fax)

Please include all information below  
 for **ALL ORDERS**

Your Name: \_\_\_\_\_

Mailing Address: \_\_\_\_\_

City: \_\_\_\_\_

State: \_\_\_\_\_ Zip: \_\_\_\_\_

Phone #: \_\_\_\_\_

E-mail : \_\_\_\_\_

(In case we have questions)

### My Order

Ship to me:

- \_\_\_\_\_ Decorated Wreath(s)
- \_\_\_\_\_ Undec. Wreath(s)

Centerpiece(s) - (Circle color)

- \_\_\_\_\_ Single - Red / White
- \_\_\_\_\_ Triple - Red / White

Refer to price lists and include in the  
 totals at right.

### Gift Order:

- Ship: \_\_\_\_\_ Decorated Wreath(s)  
 \_\_\_\_\_ Undec. Wreath(s)  
 Centerpiece(s) — (circle color)  
 \_\_\_\_\_ Single - Red / White  
 \_\_\_\_\_ Triple - Red / White

to Name: \_\_\_\_\_

Mailing Address: \_\_\_\_\_

City: \_\_\_\_\_

State: \_\_\_\_\_ Zip: \_\_\_\_\_

Phone #: \_\_\_\_\_

### Gift Order:

- Ship: \_\_\_\_\_ Decorated Wreath(s)  
 \_\_\_\_\_ Undec. Wreath(s)  
 Centerpiece(s) — (circle color)  
 \_\_\_\_\_ Single - Red / White  
 \_\_\_\_\_ Triple - Red / White

to Name: \_\_\_\_\_

Mailing Address: \_\_\_\_\_

City: \_\_\_\_\_

State: \_\_\_\_\_ Zip: \_\_\_\_\_

Phone #: \_\_\_\_\_

Please enter the total charges

### **Order Summary and Total**

<u>Number of items</u>	<u>Total of Prices</u>
Dec. Wreaths:	
_____ @ 34.00	\$ _____
Undec. Wreaths:	
_____ @ 26.00	\$ _____
Single Centerpieces:	
_____ @ 30.00	\$ _____
Triple Centerpieces:	
_____ @ 39.00	\$ _____
<b>Subtotal:</b>	<b>\$ _____</b>
<b>Maine residents please add</b>	
<b>5.5% Sales Tax :</b>	<b>\$ _____</b>
<b>Total of Order: \$</b>	<b>_____</b>
<b>— Shipping Included —</b>	
Check, Money Order,	
Visa, Discover or Mastercard	
Make checks payable to "H.O.M.E."	
Card#	_____
Exp. Date:	____/____
Security code:	____
Signature:	_____

Send to: H.O.M.E. Wreaths

**PO Box 10**

**Orland ME 04472**

Phone: 207-469-7961

Fax: 207-469-1023

www.homemmausa.org/wreaths

**Please include phone numbers!**

We cannot send refunds for any  
 undeliverable orders

# H.O.M.E. Volunteer Program 2018



H.O.M.E.'s Volunteer season runs from late June until late August every year. During that time, we are able to get so much accomplished. Our volunteer groups are made up of some of the best people the world has to offer. They construct new buildings, rehab older buildings, repair whatever is in need. They feed us and offer us support that make us beyond grateful for their presence every summer. H.O.M.E. would need a larger construction staff and more money than we could ever hope to write grants for to be able to accomplish it all without the hard work of our volunteers.

This year H.O.M.E. would like to thank the following groups who worked in the heat and humidity (even in the rain) this past summer as well as the college groups who visit us in March and April during their Alternative Spring Breaks:

Saint Anselm College; Boston University; University of Delaware; Williston Immanuel UCC of Portland, ME; Salem-Belleman's Church of Mohrsville, PA; First Church in Pembroke, CT; Christ the King Church of Kingston, RI; First Congregational Church of Ridgefield, CT; St. Mark's Episcopal Church of Mystic, CT; St. Andrew's Episcopal Church of Madison, CT; Hammer and A Nail group from the UCC Silverlake Conference of CT; Trinity Reformed Church of Rochester, NY; United Parish of Brookline, MA; Middlebury Congregational Church of Middlebury, VT; First United Methodist Church of Meriden, CT; St. Luke's Parish of Barrington, RI.

These wonderful people built two playgrounds for children in shelter, painted the inside and out of four houses that H.O.M.E. hopes to sell to low-income families, toiled to complete a new house in Millvale, helped rehab three houses, built a ramp to a shelter, repaired a roof, built a new porch and ramp for the gift shop, painted and put in flooring in two transitional apartments, and repaired the Daycare's storage shed roof. This is only a fraction of work our volunteers accomplished in 2018. Thanks to their dedication to helping others, H.O.M.E. staff has less worries to carry on into the winter months. We cannot express in mere words how grateful we are.



## Meet the Staff of H.O.M.E. DAYCARE

This issue we are happy to introduce the wonderful people who take care of our most precious citizens. H.O.M.E.'s Day Care is a licensed childcare center where families are offered various childcare options, including an after school program, to meet the needs of their children. It is licensed for twelve children and is staffed by two full-time and three part-time employees. Located in H.O.M.E.'s Learning Center, daycare children and staff join together to participate in fun and challenging activities; practice team-building and decision-making skills; develop independence and responsibility; and learn to respect themselves, each other and the natural environment.



Denise Bevan came to H.O.M.E. a year ago to work with our smallest yet most important responsibilities. Denise is there to greet our little ones every morning, Monday through Friday. She has said more than once about working in daycare "My heart is always full and my arms are too."



Ashley Worotnik is working part-time in H.O.M.E.'s daycare while attending college at the same time. Her work in daycare is directly related to her studies of Early Childhood Development. Ashley loves working with children and is so happy to have a job during college that directly relates to her ongoing studies.



Christina Witham has been the Director of the Daycare for over a year now and the program has flourished. Enrollment is at its highest in years and the daycare is always full with laughing happy voices. Christina states that she absolutely loves children and being the mother of five rambunctious boys has prepared her for her position.



Xzavier Botta is one of the newest additions to our daycare staff. Xzavier spent a good part of his childhood growing up around H.O.M.E. and knows how important the children are to our future. He says working in the daycare lets him connect with his inner child. The children love his enthusiasm and H.O.M.E. loves that one of the many children who grew up with us hasn't strayed far away.



Justine Alley is our new Assistant Daycare Director. She came to work for H.O.M.E. this past summer and has settled in rather quickly. She enjoys coming to work every day and considers helping mold young minds to be one of the most serious callings of her life. The children are very happy to have "Steen" (as one of those precious minds calls her) with them on a daily basis. .

## Decreasing Barriers to Food Access

By Julie Ream

H.O.M.E. Inc. was happy to welcome the return of the Good Shepherd Mobile Food Truck. The truck allows Good Shepherd to expand their outreach to Maine's neediest and most underserved families. It visits communities whose demand for emergency supplemental food has outgrown the capacity of local food pantries. Good Shepherd sadly reports that during these difficult times, the description covers almost every city and town in the network. According to their website, [www.gsfb.org](http://www.gsfb.org), their "Pantry on Wheels" was mobilized nearly 134 times in 2016, covered every Maine county and delivered 600,000 pounds of food.

Here at H.O.M.E. 72 families were served by the mobile food truck. The families were from the towns of Belfast, Bucksport, Dedham, East Orland, Holden, Old Town, Orland, Sargentville, Searsport and Sedgwick. In total 195 individuals were helped with a box containing canned goods, frozen products and fresh fruits and vegetables. The program is considered "low-barrier" meaning people do not need to provide any proof of identity or income to qualify for a food box. Family size was the only information required. Reporting town of residence was optional.

A representative from Eastern Area Agency on Aging was present to sign up local seniors for the Maine Commodity Supplemental Food Program. The program provides a monthly food box to anyone over the age of 60 who qualifies financially. At least five seniors signed up for the program. For more information, feel free to contact Kelly at 1-800-432-7812.

The highlight of the food truck visit was the volunteers from the Day Program at Downeast Horizons in Brewer, Maine. According to their website, Downeast Horizons assists and supports individuals with developmental disabilities to live a complete and fulfilling life. The nine volunteers helped to pass out the different items to be put into foods boxes. They all did a great job and H.O.M.E. looks forward to our next volunteer project with Downeast Horizons.

Food insecurity is a serious problem in Maine. The U.S. Department of Agriculture's Economic Research Service reported in September 2017 that 16.4% of Maine households are food insecure. The national average is 12.3%. This ranks Maine as 7th in the nation for food insecurity and means 1 in 5 Maine children are food insecure. Thirty-seven percent of Maine's food insecure population does not qualify for public assistance. This is resulting in food pantries being a regular part of a family's grocery budget instead of an emergency source. Thanks to programs such as the Good Shepherd Mobile Food Truck, more families are getting access to the food they need to survive.



The Good Shepherd Mobile Food Truck was at H.O.M.E. in September. Pictured are some of the awesome volunteers from the Day Program of Downeast Horizons in Brewer.



# The H.O.M.E. Cra

## CONTACT CLARE TO PLACE YOUR ORDER

**207-469-7961**

Please do not send orders without calling to confirm cost of shipping.

Thank you



### POTHOLDERS

Many Maine themes available including lobsters, lighthouses, blueberries, moose, loons and more.  
\$4.50 each



### FRAGRANT BALSAM FIR PILLOWS

Available in a variety of sizes between \$8.95 and \$17.95

*Silk-screened design in color*

*Available in small & large size:*

- |                    |                  |
|--------------------|------------------|
| Loon               | Blueberry        |
| Puffin             | Chickadee        |
| Lady's Slipper     | Wood Duck        |
| Canada Goose       | Cardinal         |
| Moose              | Bear             |
| Raccoon            | Maine Coon Cat   |
| Deer               | Owl              |
| Heron              | Hummingbird      |
| Purple Finch       | Evening Grosbeak |
| Kingfisher         | Lighthouse       |
| Cabin in the Pines |                  |

*Not all designs available in all sizes. Please call to see if we keep your favorite design in store.*

**BALSAM TRIVETS** ..... \$10.95

### BALSAM DRAFT STOPPERS

in a variety of nature prints  
40" long by 2" diameter ..... \$15.00

### BALSAM NECK PILLOWS

in a variety of designs  
small..... \$12.95  
large..... \$18.00



### MAINE MAPLE PRODUCTS

#### MAINE JAMS & JELLIES INC.

10 oz----\$5.00

Maine Wild Blueberry Jam, Strawberry Jam, Red Raspberry Jam, Pepper Jelly, and Seedless Blackberry Jam

#### GIFT JAM PACK

All four jams in a wooden gift box--\$21.00

#### MAPLE SYRUP

Gallon--\$69.00  
Half Gallon--\$36.00  
Quart--\$22.00      Pint-----\$13.00  
1/2 Pint--\$8.00      3.4 oz----\$4.50  
1.36 oz--\$2.00  
Moose/Loon Painted Glass container-  
250ml--\$12.00

#### HONEY

12 oz. Large Bear Honey-----\$6.00  
2 oz Small Bear Honey-----\$1.75  
8 oz Jar Honey available in  
Wild Blueberry and Wildflower----\$4.50  
16 oz Honey-----\$6.50

#### GIFT OF MAINE--contains a half-pint of Maine Maple Syrup, 8 oz Maine Wild Blueberry Honey and 2 Maine Jams of your choice.

Cardboard Gift Box--\$23.00  
Wooden Gift Box----\$26.00

#### MAPLE CANDY

Pocket pack-----\$4.50  
Single Large Piece-\$4.50  
Assorted Tray-----\$7.00  
Maple Drops-----\$4.50

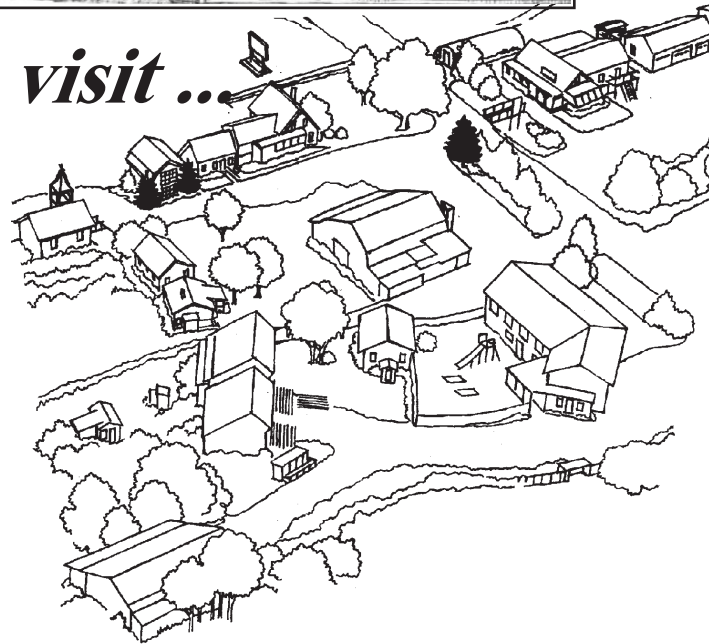
#### ODDS & ENDS

Granulated Maple Sugar--\$6.50  
Maple Cream 11 oz-----\$12.00  
Maple Mustard-----\$6.00  
Cook Book-----\$12.00  
Maple Pepper-----\$6.00  
Maple Coffee-----\$3.00  
Blueberry Syrup 10 oz----\$5.75

**CRAFT STORE HOURS**  
**MONDAY THRU SATURDAY**  
**10AM-4PM.**



visit ...



### VEGETABLE GLYCERIN SOAP

\$5.00 each. Available in watermelon, vanilla/lavendar, rose/frankincense and patchouli/lavender/myrrh, and other refreshing scents.

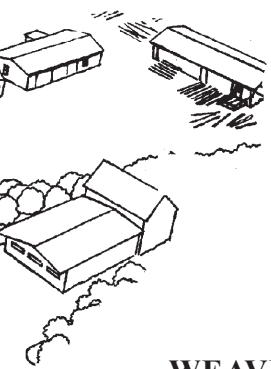


### POTTERY

H.O.M.E.'s pottery is a big hit at our craft fairs. Bowls, cups, plates, vases and more are available. Many made right here in H.O.M.E.'s own pottery by our resident potter, Rosa Moore. Prices vary.

# Craft Store Catalog

## H.O.M.E. Craft Village



WEAVING  
 STAINED GLASS  
 LIVING ARTS STUDIO  
 POTTERY  
 WOODSHOP  
 SHINGLE MILL  
 BARGAIN BARN  
 SAW MILL  
 LEARNING CENTER



### HAND WOVEN BASKETS

Crafted by hand in H.O.M.E.'s Living Arts studio, these charming little baskets are a wonderful display item or a useful vessel for holding treasures. 100% of the sale proceeds benefit H.O.M.E.'s programs.

**In  
 crafting,  
 there are no  
 mistakes.  
 Only unique  
 creations.**



### Rope Bowls

Our Rope Bowls are handmade from cotton clothesline and other common rope materials. Baskets and coasters are also available in a variety of styles, sizes, colors and patterns. Prices vary.



### QUILTS

Different styles and sizes available. Made by local crafters and our own stitchery. Price depends on size and type. Visit us to pick one as a gift to be treasured.



### GUATEMALAN CRAFTS

Brightly colored, hand woven cotton purses and runners of many color and sizes and various prices. Made in our fellow Emmaus community in Comalapa. Prices vary.



### H.O.M.E. T-SHIRTS

We all agree that there is no place like H.O.M.E. and we have the t-shirts, hoodies and caps to prove it. Available in a variety of colors and sizes.

- T-shirts: Sm, Med, Lrg, XL-\$12.95
- T-shirts: XXL, XXXL-\$14.95
- Sweatshirts, Sm, Med, Lrg, XL-\$19.95
- Sweatshirts: XXL, XXXL-\$21.95
- Ballcaps: \$10.95

Now accepting applications for H.O.M.E.'s Affordable Housing Program. Applicants must meet income guidelines for 80% of the median area income of Hancock County as defined



by HUD. Properties available include:  
 79 Covenant Way, Sedgwick

Cape style home designed with 4 total rooms including 2 to 3 -bedrooms, 1- bath, kitchen/dining area, living room, fireplace, and a laundry area. The home is situated on 1.10+/- acre leased land parcel in a welcoming 12 home community subdivision in Sedgwick, ME.



75 Covenant Way, Sedgwick

Saltbox style home designed with 5 total rooms including 3 to 4-bedrooms, 1- bath, kitchen/dining area, living room, fireplace, and a laundry area. The home is situated on 1.03+/- acre leased land parcel in a 12 home community subdivision in Sedgwick, ME.

### LUMBER PRICES

All lumber is milled by our crew in our own mill. All proceeds go to run H.O.M.E.'s many programs.

- All Lumber per board foot ... \$ .70
- Pickup load Saw Dust ..... \$5.00
- Pickup load Shingle Hair ..... \$5.00
- Shingles ..... \$75 per sq

**Green Thumbs**

The 2018 gardening season has been hot, dry, and humid without much rain. Early season crops like peas and lettuce suffered in this weather.



A little more luck with tomatoes and peppers; good broccoli crop because it was early. So far our hopes of great sales in flower bouquets hasn't been happening; we need to figure out better ways of displaying the bouquets. Large, more exotic flowers like dahlias and gladiolas have done well. My favorite bouquet flower is still the zinnia; I love it for its bright and varied colors; also it holds well. Sometimes the stem is weak and bends but you can put florist wire up in the stem to keep it straight. (Tip from Karen Volckhausen, flower expert). We're experimenting this year with dried flowers-straw-flower and statice. These will last through the winter and give color to dull dreary days when we have nothing green.

Wishing you a warm and colorful fall.  
Go Red Sox!  
Millie

**Odds'n Ends Vegetable Soup**

- 2 cups sliced carrots
- 2 cups sliced turnip
- 1 sliced onion
- Odd celery stalks/leaves
- Outside cabbage leaves
- Odd asparagus stalks
- Broccoli leaves/ stems
- Sprigs of parsley
- 2 Ripe tomatoes, sliced

Wash all veggies. Discard wilted parts. Slice and place in a large kettle. Cover with cold water, bring to boil, simmer for 2 hours. Strain, season and serve.

This soup is highly recommended because it is rich in valuable nutrients of the outer and odd leaves of veggies that are usually tossed away.

From Health Food Recipes for Gourmet Cooking, Carlson Wade, published in 1969



**In Memoriam**

**Bill Higgins**

**October 10, 1943-June 28, 2018**

Bill lived on the grounds of H.O.M.E. (really the outskirts) in a wooden shack without running water or a toilet for 25 years. He was a loner who preferred to live by himself but when I got to know him I discovered an intelligent, well-read, and well-informed person who had a dry sense of humor. (He did a great Rodney Dangerfield imitation). In those years he had little or no contact with his family (his mother was 13 when he was born) but kept an inspiring letter from his mother as well as his Ellsworth High School yearbook and other memories of his younger life. Since many people thought of him as a recluse or hermit, it might be surprising to know that he often gave rides to the men in the Dorr House without asking them for gas money, would read the minutes of meetings we had here at H.O.M.E., ask me what the latest gossip was, and was sincerely interested in the people at H.O.M.E., workers as well as people living on the grounds. I had many conversations with him on a wide variety of subjects.

Bill's health deteriorated in later years, from diabetes, kidney problems and high blood pressure resulting in two strokes within a week of each other. The final one an embolic stroke.

In what was certainly one of the hardest things I've done in my life, Ralph and I along with Jackie and Mark Burpee stayed with him as they removed the life support systems. True to form (he was stubborn) he lived for four more hours!

Rest in peace, Bill. I'm proud to have had you as a friend.  
Millie



**In Memoriam**

**Norman Bates**

**May 5, 1959-July 29, 2018**

Norman was a member of the H.O.M.E. community for many years. During that time he pitched in wherever he was needed. He served on H.O.M.E.'s board, volunteered as the outreach driver, managed the Dorr House and helped out in the Market Stand. He was quick to help those in need. His last few years he lived at the Saint Francis Community farm with Sister Lucy and Ellen and other friends. He will be greatly missed.

*"Our humanity comes to its fullest bloom in giving. We become beautiful people when we give whatever we can give: a smile, a handshake, a kiss, an embrace, a word of love, a present, a part of our life...all of our life."*

*- Henri Nouwen*

**Camperships Offered to Local Youth Thanks to Friends of H.O.M.E.**

By Julie Ream

H.O.M.E. was ecstatic to have the opportunity to recommend local youth to receive camperships for three different Maine summer camp programs.

The summer started off with six community youth attending Nichols Day Camp for two weeks. Nichols Day Camp is a program of Blue Hill Society for Aid to Children, a 501(c)(3) non-profit, originally incorporated in 1963. Their mission: To instill in our peninsula area youth a lifelong passion for outdoor recreational and educational experiences. We fulfill our mission by providing area youth opportunities to experience our woods, wind, water and Maine's natural beauty to gain a variety of life skills which promote confidence and self-esteem.

H.O.M.E. provided transportation to and from camp each day. A lunch packed by our daycare staff was sent with each young person. The lunch program was provided thanks to donations from Trinity Episcopal Church in Castine. The young men attending had an enjoyable experience and learned a lot from the program. Two were selected to attend the CIT (counselor-in-training) program at the end of their session.

The CIT program is for boys and girls who are at least 15 years old. It is four weeks long. This program is selective and progressive as the campers spend the summer moving from a camper toward a terrific Junior Counselor and Counselor in future years. Only one of the young men was able to take advantage of the opportunity. Keegan Gardiner says he was proud to be selected to join the CIT session and looks forward to learning more next year.

Near the end of July, three more campers were transported by H.O.M.E. to spend two weeks at Camp Susan Curtis in beautiful Stoneham, Maine.

The mission of the Susan L. Curtis Charitable Foundation and Camp Susan Curtis is to ensure that economically disadvantaged Maine youth develop the individual character, self-confidence, and skills essential to becoming independent, contributing citizens.

The three campers made it through the two weeks of overnight camp despite bouts of homesickness. They

learned new skills, made new friends and enjoyed the opportunity provided to them.

Camper, Lily Ream, stated that it was the longest that she's ever been away from home and despite missing everyone she had a lot of fun and learned that she is stronger than she thought she was.

H.O.M.E. is grateful to be able to mentor such wonderful young people and are eager to watch them grow into caring members of our community.



The happy return of our three community members who spent two weeks at Camp Susan Curtis.



# Community Action...and Quilt Making?

By Tracey Hair

When I think of the work at H.O.M.E. I think of the quilt makers in our stitchery department who spend hours carefully sewing, square by square - piecing together what will eventually be a beautiful quilt. Our work is like sewing together a quilt – piece by piece patching together the squares that make a whole. Like the quilt, the summer of 2018 produced a beautiful outcome for children in our area who were staying in a homeless shelter or otherwise living in families struggling to get by. The pieces of the “quilt” came from churches, individuals, summer camps and staff and they came in the form of time, money, and community.

While summer often means sleeping in or planning adventures, many of our neighbors wondered how they would feed their children through the summer. How they would fill their children’s time and keep their jobs. Trinity Episcopal Church took a holistic approach to serve and along with providing school supplies and lunch boxes for kids attending summer camp, they provided food help for 21 children. Each Friday throughout the summer, families arrived at H.O.M.E.’s Daycare Center to pick up totes filled with fresh fruit, juice boxes, bread, cereal, and snack items.

Not too far down the road from Trinity Episcopal Church, members of Unitarian Universalist Church of Castine also recognized the need to bridge gaps and help their neighbors. A gift from the Church was used

to provide down payment assistance for three families to buy their homes. On the other end of the peninsula, St Francis by the Sea Episcopal Church in Blue Hill, provided insulated window inserts for the Hospitality House.

For too many children, summer months bring idle time, unhealthy activities and impact a parent’s ability to hold a job, feed the family, and encourage healthy activities for their children. In addition, for some children, school is a safe haven from a chaotic, stressful and sometimes neglectful home life. During the summer, children don’t have the escape of a safe

school environment as an option. A summer camp experience offers children a stress-free welcoming place where they can have fun, make new friends, learn new skills and gain self-confidence, all contributing to the physical and emotional growth of a child.

A director of Nichols Day Camp expressed a desire to reach more children of local, low-income families. Scholarships, beyond the typically available camperships,

were available but not fully utilized. Cultural barriers existed. Parents who had not attended summer camp themselves could not relate to a camp experience. Parents resisted filling out request forms for scholarships. Some children were uncomfortable with the prospect of camp.

The “Starfish Scholarship” grew out of this need. For every potential scholarship for a child,

who otherwise would not attend camp, a mentor was assigned. H.O.M.E.’s shelter department served as a mentor for six children who received full scholarships. Staff helped identify applicants, worked with the parent and child to overcome cultural barriers, helped fill out registration forms, ensured transportation, lunch, and other necessities were covered. Staff was in a position to follow the child’s experience during and after camp and share with a supporting network how camp may have positively impacted the child’s emotional, physical and cultural growth.

Recently a card was given to me by Gil Tenney, one of the visionary creators of the Starfish Scholarship opportunity. He asked that we distribute cards to parents and children we encounter in our work. The front of the card reads “making the difference in the life of a child” inside the card is this story...

### The Starfish Story

*A young man is walking along the ocean and sees a beach on which thousands and thousands of starfish have washed ashore. Further along he sees an old man, walking slowly and stooping often, picking up one starfish after another and tossing each one gently into the ocean “Why are you throwing starfish into the ocean?” he asked.*

*“Because the sun is up and the tide is going out and if I don’t throw them further in they will die.”*

*“But, old man, don’t you realize there are miles and miles of beach and starfish all along it! You can’t possibly save them all, you can’t even save one-tenth of them. In fact, even if you work all day, your efforts won’t make any difference at all.”*

*The old man listened calmly and then bent down to pick up another starfish and threw it into the sea. “It made a difference to that one.”*

-Loren Eiseley



Local youth with Navigator/Mentor, Amy Gray, ready for their first day at Nichols Day Camp

## H.O.M.E. Participates in Emmaus’s First World Forum of Alternatives

By Denise Linscott

Emmaus International launched its first World Forum of Alternatives led with the most excluded, this past September in Geneva, Switzerland. Four of H.O.M.E.’s employees were able to attend this important event. Twila Green and H.O.M.E.’s Emmaus Representative, Denise Linscott attended for H.O.M.E. and Roxanne Poulin and Lisa Tenney attended for St. Francis Community.

The event brought together all the members of the Emmaus movement as well as grassroots activists from the world over, to help develop their advocacy work and make the voice of Emmaus International heard at the United Nations.

The four-day forum began with the inauguration of the Forum and the presentation of groups and social movements attending. It also included a moment to remember Abbe Pierre followed by a festive evening entitled Art as a Means of Empowerment. The program included four short cultural performances.

The second and third days our representatives were busy attending workshops. Everything from ethical finance to protecting the rights of migrant children were covered. Denise attended Emmaus’s model of reuse and recycling which promotes access to rights and dignity of the most excluded by working together while fighting a production-driven and unfair system. She also attended a workshop that has grown dear to her heart “Right to

water”: citizen mobilization to defend this commons. The commons is the cultural and natural resources accessible to all members of a society, including natural materials such as air, water, and a habitable earth. These resources are held in common, not owned privately. One of the objectives of the workshop was to develop strategies to defend the right to water and its

position as a commons of humanity. Her third workshop dealt with biases in the media. Denise did sign up for a fourth workshop and was disappointed to find out it was not being held in English.

Twila attended “Rethinking education to prevent it from becoming a commodity”. This workshop was held to determine how we can

design and further develop an alternative education model that is totally independent of the norms of the education market, in an effort to create agents of social change. She attended workshops on the environment, immigration and the right to healthcare as well.

On the last day of the forum, after all the results and proposals for action were brought together, the group participated in a big march to the United Nations from the Palladium to make sure they were visible and heard in the streets of Geneva.

At the same time as the Forum, Emmaus Chair,

Patrick Atohoum gave a speech to the 39th session of the Human Rights Council making Emmaus’s voice heard and its struggles known.

H.O.M.E. is honored to be a part of the Emmaus Movement. Although our work is here in Maine, sharing our struggles with the world and listening to their own struggles, we can all work together to end the disgrace of letting citizens of our world live in poverty. We need to recognize that our problems are global and we all need to do our part to serve first those who suffer most.



H.O.M.E.’s Emmaus Representative, Denise Linscott, in front of the United Nations



Denise, Twila, Roxanne and Lisa in the beautiful city of Geneva

**“It is not enough to take action, we must overcome, that is to say, take more action than the forces moving in the other direction”.**  
-Abbe Pierre

## HOME Daycare



H.O.M.E.'s licensed daycare provides affordable childcare for working families. The daycare has the capacity to serve up to 12 children from infants to 12 years old.

For more information about our program call (207) 469-7961 and speak with Christina.

Check out our Go Fund Me page to see how you can help support a nurturing, healthy, and creative childcare experience.

<https://www.gofundme.com/givingtochildren>

## H.O.M.E. Inc. Buildings

N L Q A B L E G G D D N L B S O K L O N  
 R Y E A B K L P A O N L C T V R V I J H  
 A L A A J B Q I R R I A A S G N D G A O  
 B W K U R C Y R M M A I T N M U H G U J  
 N A B W H N H S E W N G I S T D G H J B  
 I Y E O V O I L A E A V E S T I S A H P  
 A S F V U F G N D T A S N O S E J F K O  
 G I E S M N S G G E T O R A T P K S V E  
 R D E O I A L P W C I I Z A I F O R U V  
 A E I H Y A Y U M T E O C C T R Y Z A V  
 B C S X S L L K O R W N E O C P R E Y M  
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ABBY'S ATTIC  
 BARGAIN BARN  
 CRAFT STORE  
 DORR HOUSE  
 DUPLEX  
 GARAGE  
 LEARNING CENTER  
 MARKET STAND  
 POTTERY  
 SAWMILL  
 SHINGLE MILL  
 SOULS IN MOTION  
 STUDIO  
 STAINED GLASS  
 ST FRANCIS INN  
 STITCHERY  
 VOLUNTEER CENTER  
 WAYSIDE CHAPEL  
 WEAVING  
 WOOD SHOP

**Poverty is the deprivation of opportunity.**

**-Amartya Sen**

## H.O.M.E.'S Wish List

- Food
- Construction Tools
- Gardening Tools
- Fire Wood
- Office Supplies
- Saw Logs for our Mill
- Personal Hygiene Products
- Working lawnmowers
- Working Snowblowers
- Useful Trucks and/or Cars**
- Fitted Sheets for Shelter beds
- Warm Boots for New Residents
- Appliances
- Stocks or Money**

## Guatemala Trip

H.O.M.E. is always planning its next trip to Guatemala. We try to send off a group of interested individuals at least once a year with the goal of providing support to the San Juan Comalapa Emáus Group. We provide this support by buying local weavings produced by members of the group, raising funds to buy corn for families in need and working with other local nonprofits who have similar goals.

For those of us at H.O.M.E., we look forward to the opportunity to be in solidarity with our friends in Guatemala.



Families waiting to receive donations of corn. One bag can feed a family for up to three months.

**We Need Your Help!**

Contact H.O.M.E.'s Learning Center at (207)469.7961 and ask for Rosa or email [rosalanimoore@gmail.com](mailto:rosalanimoore@gmail.com)

**You can help by:**

*Joining us on the trip*

*Helping raise \$1000 for corn*

*Donating money for weavings*

*Collecting shoes and school supplies*

*Holding a pledge or donation drive*

*Sponsoring a traveler*



H.O.M.E. sent a container to Guatemala once before. We hope to send another this year, if we can raise the funds.

**Please consider donating these items for our container:  
 Bicycles, Tools, Shoes,  
 Sewing Machines, Kitchen Appliances, Money**

## Volunteer At H.O.M.E.!

H.O.M.E. is always looking for volunteers to help out! There are many different ways to get involved, from crafting to repairing houses. Bring your friends too! We have accommodations for individuals or groups. We would love to see you!

If you are interested, call Julie at 207.469.7961 ext 106

# Reflections ~~Reflections~~ Reflections

## Song for Autumn

by Mary Oliver

In the deep fall  
 don't you imagine the leaves think how  
 comfortable it will be to touch  
 the earth instead of the  
 nothingness of air and the endless  
 freshets of wind? And don't you think  
 the trees themselves, especially those with  
 mossy,  
 warm caves, begin to think  
 of the birds that will come — six, a dozen  
 — to sleep  
 inside their bodies? And don't you hear  
 the goldenrod whispering goodbye,  
 the everlasting being crowned with the  
 first  
 tuffets of snow? The pond  
 vanishes, and the white field over which  
 the fox runs so quickly brings out  
 its blue shadows. And the wind pumps its  
 bellows. And at evening especially,  
 the piled firewood shifts a little,  
 longing to be on its way.

## Stories from Lucy

### Hope

My niece, Sheila, has a chicken named Hope. It was not certain if Hope would live, but she made it and now is a lonely hen. Roxanne took over some eggs for Hope to set on them to hatch them out. All day the little chicken who made it reminded me of Emily Dickinson.

Hope is the thing with feathers  
 That perches in the soul,  
 And sings the tune without the words,  
 And never stops at all,  
 And sweetest in the gale is heard;  
 And sore must be the storm  
 That could abash the little bird  
 That kept so many warm  
 I've heard it in the chilliest land,  
 And on the strangest sea;  
 Yet, never, in extremity,  
 It asked a crumb of me.

### A Beautiful Soul

Last night a beautiful soul left us. His name was Norman Bates. He had been in our midst for about 20 years and the last few he had lived at the farm. He was very gentle and generous. There was a very life torn cat who lived in his room. The guys called her cementary cat because she reminded them of the Stephen King book. Norman became very friendly toward her and she would rest on his feet as he sat. Norman suffered from congestive heart failure among many things. He had been hospitalized and we had just visited him and he looked well and happy and was making plans to return home to the farm. Years ago he and I had made plans to build a chicken coop at the co-op but now he would go out on the porch and three little red hens would roost on hay bales there. His room opened to the porch. He would also go out and visit the goats nearby. I miss him

## THE PONDERINGS OF TWILA AFTER GENEVA

Here we sit in Maine, U.S.A., oblivious to the depth of the problems that besot the people in war torn and under developed countries. Sure, we have our problems; hunger, homelessness and poverty. Well over the past few days we have delved into universal poverty and it has been a devastating eye-opener.

Our classes were focused on the many elements of the basic human rights.

Education...In many countries of the world, education is a luxury only bestowed upon the wealthy and the boys. Girls are thought to be inferior and are seldom considered worthy of schooling. Not only is regular education rare, but even education on basic survival skills are a commodity. Many children are left to devise their own ways as in survival of the fittest.

Another schooling problem is in lack of buildings or facilities. Even pencils and books, that we take for granted, are difficult to supply in most situations.

At times someone will take on the care and concern to try and instill skills and learning to the children. They may have a classroom that only consists of a shade tree. Students may travel great distances if they have the time and desire to learn. Parents often think it is not a necessary commodity, so children receive little encouragement.

Sanitation, water, food and medical assistance... malnutrition and disease from lack of sanitary conditions are not often attended to. Emmaus is attempting to have wells drilled to provide water, but these wells can be great distances away from many inhabitants. Hospitals are few and poorly equipped. Doctors must work long hours in an infirmary and be very dedicated to work in such poor conditions. Medicines and first aid supplies are scarce. Disease and despair run rampant.

Border wars are frequently the cause of homelessness. People can be driven from their homes and subjected to many horrors if they try to stay in their own land. Houses burned, people dismembered or murdered, rape and horrors and many atrocities. They are driven to continue to look for a place and to travel to try to find a welcome place to stop. They can't go home and they can't go on.

The futile part of all of this is that the world has sufficient resources for all of the inhabitants to have enough to sustain all. There is enough wealth, food, water for everyone. The only problems are greed and waste. We are all concerned with self-preservation and give little thought on knowledge of those whom are suffering or in distress.

Environment concerns are high on the Emmaus movement agenda. This beautiful world is in danger of no longer being able to sustain life. We are the stewards of the earth and must take care to end pollution.

All in all, this conference was a wonderful learning experience. Emmaus has been doing so much to alleviate the problems of the world. To spread the word and give hope to the hopeless and to work for peace and prosperity for all.

Most problems are caused by poverty and there is hope that others will become aware of the plight.

The quest of Emmaus is to spread the word and find solution for the world problems. Equality for all. No one should be more entitled than others. Discrimination should be eliminated. Emmaus is growing and thriving.

"We are rising up like the phoenix from the fire so brothers and sisters, spread your wings and fly higher".

We can, we should, and we will overcome.

Twila Green

**The cause of poverty is not the people who live in it. Try to "fix" them and you will quickly find, they are amazing but living in broken communities with little or no access to their basic human needs. Fix the poverty. The people will thrive and give back!**  
**- Donna Beegle**

## Fun with Astrology

By Kathy Walton

*How each sign responds to the topic of Exercise...*

- Aries:** No yoga for me! I hate staying in one place for too long.
- Taurus:** I need minimal exercise. I walk around all day.
- Gemini:** Maybe jogging, as long as there is someone else with me to talk to.
- Cancer:** Well, I clean my house every day, and that certainly burns calories.
- Leo:** I enjoy Jazzercise.
- Virgo:** I will not exercise in a gym. It's always so messy in there.
- Libra:** I do like to exercise when I have time. On the other hand, I don't make time very often.
- Scorpio:** Coed exercise groups, definitely.
- Sagittarius:** I like to jog. I get time to think and enjoy the scenery.
- Capricorn:** As long as I can listen to motivational tapes.
- Aquarius:** Walking is great! So many people to see and talk to.
- Pisces:** Yoga. Or swimming.



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